

SHADRACH GOVENDER B.OT (UKZN)

EDUCATION

- Bachelor of Occupational Therapy, **University of Kwa-Zulu Natal (UKZN)**, 2006

PROFESSIONAL MEMBERSHIPS

- College of Occupational Therapists of BC
- Canadian Association of Occupational Therapists
- World Federation of Occupational Therapists
- Alberta College of Occupational Therapists
- Saskatchewan Society of Occupational Therapists

PROFESSIONAL DEVELOPMENT/TRAINING

- Lower Back Pain, Vancouver, BC, 2018
- Setting up your Return to Work Program, Vancouver, BC, 2018
- Best Practice Pain Management for Occupational Therapists, Vancouver, BC, 2018
- Pediatric Orthopedic Injuries, Vancouver, BC, 2017
- Preserving hip health and preventing falls in older adults, Vancouver, BC, 2017
- Ligament Laxity and Hypermobility in the Feet, Vancouver, BC, 2016
- Functional Capacity Evaluation course, at Regina, SK, 2013
- Alberta Aids to Daily Living, Wainwright Hospital, AB, Registered AADL Authorizer, 2013
- Basic Life Support, Wainwright Hospital, AB, 2013
- Back Care, Vegreville Long Term Care, AB, 2012
- Training in Home Care, at Camrose, AB, 2012
- Training in Care Management, at Camrose, AB, 2012
- Training in RAI – MDS, at Camrose, AB, 2012
- Training of PCS – Long Term Care, Camrose, AB, 2012
- Introduction to the Assessment and Treatment of Children with Cerebral Palsy, at East London, South Africa, 2010
- Hambisel Training Workshop: Getting to Know Cerebral Palsy, Nelson Mandela Academic Hospital, Mthatha, 2009
- College Weekend Program: Update in Community Orthopedics, Nelson Mandela Academic Hospital Resource Centre, Mthatha, 2009
- Burns Seminar: Multi-Disciplinary Approach to the Management of Pediatric Burns, Nelson Mandela Academic Hospital Resource Centre, Mthatha, 2008
- Joint and Bone Disease Symposium, Nelson Mandela Academic Hospital Resource Centre, Mthatha, 2008
- Basic Level: Wheelchair Seating Workshop, Western Cape Rehabilitation Centre, Mitchell's Plain Cape Town, 2008

- Burns Management Workshop, Nelson Mandela Academic Hospital Resource Centre, Mthatha, 2007
- Customer Care Workshop, at Bedford Orthopedic Hospital, Mthatha, 2007

RELEVANT WORK EXPERIENCE

Re:Function Health Group, 2014 to present

Registered Occupational Therapist

Alta-Sask Wellness contracted to Alberta Health Services: 2012 to 2014

Registered Occupational Therapist

Department of Health: Mthatha Hospital Complex, 2010 to 2012

Chief Occupational Therapist (Level 9)

Department of Health: Mthatha Hospital Complex, 2009

Senior Occupational Therapist (Level 8)

Department of Health: Mthatha Hospital Complex, 2008 to 2009

Junior Occupational Therapist (Level 7)

Department of Health: Mthatha Hospital Complex, 2007

Community Service Occupational Therapist (Level 6)

DEMONSTRATED COMPETENCIES

Assess, plan and implement treatment plans by:

- Attending scheduled ward rounds and meetings and collaborating with other health professionals.
- Assessment of all referred clients in the allocated area of work, i.e. Pediatric Burns Unit, Pediatric High Care Unit, Pediatric Surgical Unit, Pediatric Medical Unit, Adult Medical Unit, Adult Surgical Unit, Trauma Unit, Adult High Care Unit, Accident and Emergency Unit and Cerebral Palsy Clinic.
- Identification of clients who could benefit from Occupational Therapy service.
- Planning appropriate treatment/ intervention plan with the client and his immediate caregivers.
- Executing of appropriate treatment including projects and issuing and construction of assistive devices such as: Gauntlet immobilization splints, Wrist extension splints, Dorsal blocking splints, Functional resting splints, CMC splints, Wrist and thumb spica splints, Radial based thumb spica splints, Dynamic splints, Elbow extension splints, Knee extension splints, Foot drop splints, Anti-spasticity splints, Safe position

- burn splints, Finger extension splints, Ulnar and radial deviation splints and various Pressure garments for burns.
- Compiling of functional reports.
 - Referring of clients to the next level of care.
 - Inputting into planning and develop of an annual service plan for the area in line with the hospital and regional plans.
 - Implementing Occupational Therapy standards for facilities, service delivery and training for all levels of care.
 - Implementing sectional and provincial quality assurance measures in the area.
 - Undertaking of all administrative tasks.
 - Completing and submitting of monthly data required.
 - Communicating with stakeholders regarding patient treatment.
 - Assessing clients for assistive devices and completing relevant documentation and maintain waiting list i.e. wheelchairs.
 - Assessing patients for Disability Grant.
 - Following-up of patients discharged from hospital with home visits in the community.
 - Adapting area of treatment to improve Occupational Therapy services if necessary.

Implementation of National and Provincial Strategies and Policies by:

- Implementing of Policies, guidelines and protocols in the section for / related to Occupational Therapy services
- Communicating with relevant stakeholders
- Complying with standards of practice and implementing corrective measures

Contribute to budget planning and cost control by:

- Participating in the development of the business plan.
- Requesting quotations for consumable stock and equipment if necessary.
- Requesting consumable stock and equipment when required.
- Checking and recording all Occupational Therapy stock in the area monthly.
- Requesting, repairing and maintenance of all therapeutic equipment in the area.

Oversee allocated staff and participate in continuous professional development programs by:

- Performance appraisals of Occupational Therapists (community)/ Assistants, Technicians and support staff as allocated.
- Allocating appropriate tasks to staff.
- Contributing to the development of allocated staff by informal In-service training.
- Assisting in workshop planning activities and giving feedback reports on workshops conducted and attended.
- Inputting into the planning of a continuous development programs and participating in clinical research.

Supervise allocated students according to the agreement with the local tertiary institution and contribute to the related training activities by:

- Participating in student training as required.
- Orientating, supervising and giving clinical feedback to lecturers and students allocated to the sub-section.
- Participating in clinical evaluation of students and participating in the training of other medical professions.

Promote and market Occupational Therapy services in the Hospital and Communities by:

- Contributing to the designing, printing and distribution of relevant promotion material.
- Making staff available to participate in career exhibitions when needed.
- Preparing / inputting into health promotion and Career exhibition reports / records.
- Providing input and participating in organizing of transversal disability events.

Home – based services by performing personal care assessments, in-home assessment and safety care assessments.

- Ergonomic Assessments: Individual ergonomic assessments, office ergonomic assessments and area ergonomic assessments.
- Functional Capacity Evaluations: evaluation will compare functional abilities to critical job demands, analyze each client's physical job demands, and identify barriers for return to work, test for Symptom Magnification, identify sub-maximal effort and utilize evidence based protocols supported by normative databases.
- Vocational Rehabilitation and Return to Work Planning: Job site visits and Gradual Return to Work Planning.