

## MATT GREGSON, O.T. (C)

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### EDUCATION

- Masters of Occupational Therapy, **University of British Columbia**, 2013
- Bachelor of Arts, Economics and Mathematics, **University of British Columbia - Okanagan**, 2006

### PROFESSIONAL MEMBERSHIPS

- College of Occupational Therapists of BC

### PROFESSIONAL DEVELOPMENT/TRAINING

- Certified Work Capacity Evaluator; Roy Matheson and Associates, Current
- Certified EPIC Lift Capacity Evaluator; Employment Potential Improvement Corporation, Current
- Cognitive Rehabilitation; Matheson Education and Training Solutions, 2019
- Cognitive Functional Capacity Evaluation; Roy Matheson and Associates, 2018
- A Hostile Critique of Physical Effort Testing in an FCE; Roy Matheson, 2018
- Assessment of Motor and Process Skills, 2017
- Advanced Functional Capacity Evaluation; Roy Matheson and Associates, 2016
- Concussion Management, 2016
- FCE, Brain Injury and Fatigue; Leonard Matheson & Associates, Webinar, 2016
- Patterns of Back Pain – Level 1; CBI, 2014
- Exposure Therapy; Changeways, 2014
- Cognitive Behavioural Therapy: Background and Basics, Changeways, 2014
- The Pressure is On! An Interdisciplinary Approach to Pressure Management; Access Community Therapists, 2013
- Motivational Interviewing: Focusing the Conversation and Evoking Change; University of British Columbia – Continuing Studies, 2013
- Treating the Patient with Pain Disorder; CBI, 2013
- Functional Capacity Evaluation Certification; CBI, 2013
- National Occupational Therapy Certification Exam; CAOT, 2013
- Education Forum on Wheelchair Seating and Options; Sunrise Medical, 2012
- Certified Human Resources Professional (CHRP); Human Resources Professional Association, 2009-2011
- Certified Career Development Professional (CCDP); BC Career Development Association, 2011-2015
- Understanding Labour Market Information: Training for Career Practitioners, 2010
- Foundational Theories and Ethics in Career Facilitation; Okanagan College, 2010
- Mediation Skills – Level 1; Justice Institute of British Columbia, 2010
- Dealing With Anger; Justice Institute of British Columbia, 2010

- Foundations of Collaborative Conflict Resolution; Justice Institute of British Columbia, 2009
- The Labour Market Year-in-Review: Training for Career Practitioners, 2006

## RELEVANT WORK EXPERIENCE

### **Re:Function Health Group Inc.: 2018 to Present**

Registered Occupational Therapist

- Functional Capacity Evaluations (including Cognitive)
- Cost of Future Care Analysis
- Medical legal document review and critique
- Job Demands Analysis
- Work Site Ergonomics
- Rehabilitation Case Management
- WorkSafeBC Return to Work Support Services
- Consulting Therapist for Veterans Affairs Canada and Medavie Blue Cross

### **Meridian Rehabilitation Inc.: 2014 to 2018**

Occupational Therapist

- Site Manager
- Work Hardening Contract Lead
- Rehabilitation Case Management
- Medical legal document review and critique
- WorkSafeBC Return to Work Support Services
- Functional Capacity Evaluations (including Cognitive)
- Cost of Future Care Analysis
- Job Demands Analysis
- Work Site Ergonomics
- WorkSafeBC Community Occupational Therapy
- Transfer Assessments
- Home Safety Assessments and Recommendations
- Consulting Therapist for Veterans Affairs Canada and Medavie Blue Cross

### **CBI Health Group: 2013 to 2014**

Occupational Therapist

- WorkSafeBC Return to Work Support Services
- WorkSafeBC Occupational Rehabilitation 2
- WorkSafeBC Activity-Related Soft Tissue Disorder
- ICBC Interdisciplinary Triage Assessment
- Job Demands Analysis
- Work Site Ergonomics

**Access to Employment: 2010 to 2011**

Employment Advisor for People with Disabilities

- Career exploration
- Job coaching
- Career development
- Job search strategies
- Preparation of Federal Opportunities Fund applications for people with disabilities

**Bowman Employment Services Inc.: 2008 to 2010**

Project Manager/Placement Coordinator

- Managed Federally funded wage subsidy program
- Facilitated on the job training through subsidized employment
- Monitored training and provided recommendations to ensure successful placement
- Tracked and reported on local labour market trends

**WorkZone/Vertek Diversified Services Inc.: 2006 to 2008**

Employment Facilitator

- Resume development
- Cover letter development
- Interview skills
- Accessing the hidden job market
- Computer training and online job searching

**DEMONSTRATED COMPETENCIES**

**Functional Evaluation:**

- Certified as an expert witness to the Supreme Court of British Columbia
- Certified Work Capacity Evaluator
- Certified EPIC Lift Capacity Evaluator
- Able to complete functional capacity evaluations for plaintiff/defense counsel and a variety of third parties to identify client's current capacity in relation to their functional demands including the evaluation of effort and reliability
- Able to complete cost of care assessments and reports based on functional evaluations to determine an individual's medical and rehabilitation needs in the future as well as the associated costs
- Experienced using standardized, evidenced based functional testing equipment
- Able to use job demand task analysis to develop meaningful and specific work simulation circuits to incorporate in functional testing
- Able to interpret functional test measures and forecast return to work capacity

- Able to identify functional need for temporary task modifications or permanent accommodations during return to work planning

### **Return-To-Work Planning and Implementation:**

- Able to collaborate in an interdisciplinary team in various community-based and return to work programs for clients with traumatic brain injuries, orthopedic injuries, and mental health concerns
- Able to complete ergonomic assessments and job demands analyses in order to identify worker's risk factors/job demands
- Able to simulate job demands in a clinical setting in order to build strength and tolerance that correlate with employment requirements
- Able to coordinate/lead return to work meetings and presentations with involved stakeholders
- Able to effectively communicate with stakeholders to identify return to work plans, identify accountabilities of parties within the plan, develop consensus to execute the plan, and to address issues while monitoring the plan
- Able to use task analysis and functional analysis to develop a return to work plan and grade exposure rates to work tasks within the plan specific to injured workers' needs
- Able to identify temporary/permanent task modifications and/or accommodations necessary for an injured worker and implement them or eventually remove them in the return to work plan
- Able to effectively write reports outlining specifics of job demands and return to work plans
- WorkSafeBC Return to Work Support Services Contractor
- Guided a diverse pool of clients in their job search, creating targeted applications and matching their needs with available career opportunities
- Assisted client's understanding of their limitations and their impact on employability
- Educated and supported clients through career exploration and job search
- Outlined potential barriers to employment for clients and justified their need for a wage subsidy to the Federal Government of Canada
- Negotiated subsidy and wage level with employers according to labour market and training necessities
- Liaised with community services for interpreting, job coaching and specialized resources

### **Community Adult Rehabilitation:**

- Physical assessment, justification, recommendation, and training of power and manual wheelchair and adaptive equipment prescription
- Home Safety Assessments with recommendation, training and provision of mobility aids, adaptive equipment and community resources to optimize client safety in the home
- WorkSafeBC Community Occupational Therapy Services Contractor
- Highlighted importance of assessing client's functional ability in a familiar environment in addition to standardized assessments

- Designed evidence-based daily treatment plans targeted to cognitive, perceptual, physical and functional rehabilitation goals
- Collaborated with clients, families and team members to set appropriate client-centred rehabilitation goals
- Prescribed adaptive aids and equipment to increase independence in daily living
- Provided education for clients on topics such as SMART goal setting, sleep hygiene, pacing, GRASP and progressive muscle relaxation
- Ensured safe and efficient discharge planning for patients from a variety of health care settings