

## KIERRA MCINTYRE, OT, CWCE

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### EDUCATION

- Bachelor of Science, Occupational Therapy, **University of Alberta**, 2006

### PROFESSIONAL MEMBERSHIPS

- College of Occupational Therapists of BC

### PROFESSIONAL DEVELOPMENT/TRAINING

- Memory Strategies & traumatic brain injury (TBI), Rehab Med, 2018
- Matheson Functional Capacity Evaluation Certification Program, 2016
- Concussion Management In service & continuing education, 2016
- Progressive Goal Attainment Program (PGAP), 2015
- Motivational Interviewing Course Level I/II, 2014
- Occupational Therapy Recovery Conference (Enhancing Wellness through alternative strategies), 2014
- Medichair Seating Education, 2014
- RYT 200 HRS (Registered yoga teacher through Empowered Yoga), 2014
- Assessment and Treatment of Cognitive Disorders in Adults, 2013
- More than four wheels (applying clinical practice to seating, mobility and assistive technology), 2009
- Non-Violent Crisis Intervention, 2009
- Shoppers Home Health Care Annual Conference, 2009
- S.W.A.T. (Skin, Wound Assessment and Treatment Ulcers), 2007

### RELEVANT WORK EXPERIENCE

#### **Re:Function Health Group, Inc.: 2019 to present**

Registered Occupational Therapist

- WorkSafeBC Return to Work Support Services
- Functional Capacity Evaluations
- Cognitive Functional Capacity Evaluations
- Job Demands Analysis
- Work Site Ergonomics
- WorkSafeBC Community Occupational Therapy

**Ergonomic and Musculoskeletal Health & Safety Advisor: 2018 to 2019**

- Disability Management & Return to Work Support Services
- Job Demands Analysis
- Work Site Ergonomics
- Injury Prevention Program Development
- Ergonomic Assessment

**Private Consultant (OT Consulting): 2015 to 2018**

- Manual Wheelchair Assessment and Prescription
- Disability management
- Home Adaptation Assessments and Recommendations
- Consulting Therapist for Veterans Affairs Canada
- Return to work planning
- Concussion management

**Mental Health Housing and Residential Services: 2014 to 2015**

- Psychosocial Rehabilitation based assessments and treatment plans
- Provided assessment and treatment for home safety equipment
- Performed functional assessment for housing suitability placement

**Home and Community Care Edmonton & Area Alberta: 2006 to 2014**

- Seating assessments
- Transition modifications from hospital to home
- Dysphagia screening/ VFSS clinic member
- Management of pressure sores in the community and facilities
- Equipment funding request to Alberta Aids to Daily Living and non-profit organizations
- Home safety assessments and adaptations

**DEMONSTRATED COMPETENCIES**

**Functional Capacity Evaluation:**

- Experienced using standardized, evidenced based functional testing equipment
- Able to use job demand task analysis to develop meaningful and specific work simulation work circuits to incorporate in functional testing
- Able to interpret functional test measures and forecast return to work capacity
- Able to identify functional need for temporary task modifications or permanent accommodations during return to work planning

### **Return-To-Work Planning and Implementation:**

- Able to coordinate and lead return to work meetings with involved stakeholders
- Able to effectively communicate with stakeholders to identify return to work plans, identify accountabilities of parties within the plan, develop consensus to execute the plan, and to address issues while monitoring the plan
- Able to identify and measure job demands
- Able to use task analysis and functional analysis to develop a return to work plan and grade exposure rates to work tasks within the plan specific to injured workers' needs
- Able to perform ergonomic analyses to identify risk factors of work demands in relation to functional capacities of an injured worker
- Able to identify temporary/permanent task modifications and/or accommodations necessary for an injured worker and implement them or eventually remove them in the return to work plan
- Able to prescribe ergonomic solutions via equipment provision, worker practice modifications (job coaching), or environmental changes
- Able to effectively write reports outlining specifics of job demands and return to work plans
- WorkSafeBC Return to Work Support Services Contractor
- Certified CPR and First Aid Training

### **Community Adult Rehabilitation:**

- Physical assessment, justification, recommendation, and training of power and manual wheelchair and adaptive equipment prescription
- Home Safety Assessments with recommendation, training and provision of mobility aids, adaptive equipment and community resources to optimize client safety in the home
- Provide educational assistant training in safe body mechanics & the use of adaptive equipment