

KATHERINE TOUSIGNANT, O.T. (C)

EDUCATION

- Master's of Occupational Therapy, **McGill University**, 2012
- Bachelor of Science, Adapted Physical Education, **University of Alberta**, 2008
 - Graduate with distinction
- Diploma in Kinesiology, **Red Deer College**, 2006
 - Concentration in Adapted Studies, Dean's List

PROFESSIONAL MEMBERSHIPS

- College of Occupational Therapists of BC
- Canadian Association of Occupational Therapists

PROFESSIONAL DEVELOPMENT/TRAINING

- Sunrise Medical Cyber Series, 2018 (in progress)
- MPS Scar Therapy Course, 2015
- Brain Gym Course, 2015
- Canadian Association of Occupational Therapy National Conference, 2012
- Rehab Equipment Expo Vancouver, 2011
- 6th Annual Canadian Conference on Dementia, 2011
- Alzheimer's Society Montreal Workshop, 2011
- The Steadward Center: Wheel Challenge, 2008
- Mediven (compression wear) Fitter Course, 2007

RELEVANT WORK EXPERIENCE

Re:Function Health Group, Inc.: 2018 to present

Registered Occupational Therapist

- WorkSafeBC Return to Work Support Services
- Job Demands Analysis
- Work Site Ergonomics

Posturepro Clinic: 2015 to 2017

- Marketing representative
- Educational/ Research Coordinator
- Scar Treatment

Centre de Medecine Integree: 2012 to 2014

- Kinesiologist
- Work hardening program
- Vocational Rehabilitation program
- Functional Assessments

Medichair, Alpine Health: 2007 to 2009

- Orthopaedic Appliance Technical Representative
- Wheelchair maintenance/ fitting/ education
- Aids to daily living (ADL)/ adaptive equipment education/ recommendations
- Fitness equipment/ ADL provider
- Community resource recommendation

DEMONSTRATED COMPETENCIES

Return-To-Work Planning and Implementation:

- Able to coordinate and lead return to work meetings with involved stakeholders
- Able to effectively communicate with stakeholders to identify return to work plans, identify accountabilities of parties within the plan, develop consensus to execute the plan, and to address issues while monitoring the plan
- Able to identify and measure job demands
- Able to use task analysis and functional analysis to develop a return to work plan and grade exposure rates to work tasks within the plan specific to injured workers' needs
- Able to perform ergonomic analyses to identify risk factors of work demands in relation to functional capacities of an injured worker
- Able to identify temporary/permanent task modifications and/or accommodations necessary for an injured worker and implement them or eventually remove them in the return to work plan
- Able to prescribe ergonomic solutions via equipment provision, worker practice modifications (job coaching), or environmental changes
- Able to effectively write reports outlining specifics of job demands and return to work plans
- WorkSafeBC Return to Work Support Services Contractor

Customer Service and Relations:

- Able to co-manage in clinic intensive rehabilitation work-hardening program with rehabilitation team
- Able to motivate attendees of work-hardening program to successful discharge from program
- Managed clinic marketing strategy and outreach, maintain/ build relationships with key marketing stakeholders
- Able to assist clients in a respectful/ confidential manner during intimate situations (fittings)