

# GELAREH GHAFORIPPOOR, OT

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## EDUCATION

- Master of Occupational Therapy, **University of British Columbia**, 2017
- Bachelor of Kinesiology, **University of the Fraser Valley**, 2014

## PROFESSIONAL MEMBERSHIPS

- Canadian Association of Occupational Therapy
- College of Occupational Therapy of BC

## PROFESSIONAL DEVELOPMENT/TRAINING

- Cognitive Behavioural Therapy: Level 1 for Occupational Therapy, 2022
- Cognitive Functional Capacity Evaluation, Roy Matheson and Associates, 2021
- Functional Capacity Evaluation Certification Program, Roy Matheson and Associates, 2018
- Best Practice Pain Management for Occupational Therapists, Pain BC, 2018
- Wheelchair Seating Workshop, Access Community Therapists, 2017
- Sexual Health Counselling in Spinal Cord Injury Patients Workshop, 2017
- Mental Health First Aid, Mental Health Commission of Canada, 2017

## RELEVANT WORK EXPERIENCE

### **Re:Function Health Group Inc.: 2017 to present**

Registered Occupational Therapist

- Providing occupational therapy assessment and treatment in community settings
- Community Occupational Therapy
- Home assessment
- Case management
- Cognitive assessment & rehabilitation
- Chronic pain management
- Assessment of Motor & Process Skills
- Return to work planning & support
- Functional Capacity Evaluations (Physical & Cognitive)
- Job Demands Analysis
- Work Site Ergonomics

## **Vancouver General Hospital and G.F. Strong Centre: 2017 to Present**

### Casual Occupational Therapist

- Cognitive assessment and rehabilitation
- Public practice/acute hospital OT/ rehabilitation hospital OT
- Home assessment
- Acute and chronic pain management
- Assessment of Motor & Process Skills
- Wheelchair Assessment and Prescription
- Transfer Assessments
- Assessment of activities of daily living, equipment, support and recommendations
- Hospital discharge planning

## **DEMONSTRATED COMPETENCIES**

### **Functional Capacity Evaluation:**

- Experienced using standardized, evidenced based functional testing equipment
- Able to use job demand task analysis to develop meaningful and specific work simulation work circuits to incorporate in functional testing
- Able to interpret functional test measures and identify return to work capacity
- Able to identify functional need for temporary task modifications or permanent accommodations during return to work planning

### **Community Occupational Therapy & Return to Work Support Services:**

- Proficient in hospital discharge planning, home assessment, and prescription of equipment and services
- Proficient in assessing, addressing physical, cognitive, and psycho-social barriers
- Proficient in assessing cognitive deficits and developing cognitive rehabilitation programs
- Proficient in providing education on body mechanics, posture specific to work, and other functional activities
- Proficient in performing worksite assessment & working with client, employers, and third-party providers to develop GRTW programs
- Experienced performing ergonomic analyses to identify risk factors of work demands in relation to functional capacities of an injured worker
- Able to prescribe ergonomic solutions via equipment provision, worker practice modifications (job coaching), behavioural modifications, or environmental changes
- Proficient in role as case manager working with clients from time of injury/illness to return to work/function
- Proficient in guiding clients with chronic pain to return to function