

## ANNETTE FIELTSCH, BSc (OT)

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### EDUCATION

- Bachelor of Science, Occupational Therapy, **University of Toronto**, 1995

### PROFESSIONAL MEMBERSHIPS

- College of Occupational Therapists of BC
- Canadian Association of Occupational Therapists

### PROFESSIONAL DEVELOPMENT/TRAINING

- Concussion Rehabilitation Management, 2018
- Progressive Goal Attainment Program (PGAP) certification, 2018
- Rehab Expo – pressure injury management and equipment expo, 2017
- Matheson Certification for Work Capacity Evaluations, 2017
- Car FIT certification, 2017
- NMEDA – CAMS Automotive Mobility Solutions, 2017
- Best Practice Pain Management, 2016
- Matheson Functional Capacity Evaluation Advanced Course, 2016
- The Art and Science of Seating, 2016
- Medical Equipment Evaluation and Treatment, 2016
- WorkSafeBC Health Care Professionals Conference, 2014; 2015; 2016
- Matheson Functional Capacity Evaluation Certification Program, 2013
- Detecting Suboptimal Effort in Cognitive Testing, 2013
- BiMFA mentorship program, 2012/2013
- Shoppers Home Health Care Annual Conference, 2012
- Dealing with the Difficult Client, Opportunities to Assist Return to Work, 2012
- Practical Approaches to Preventing and Managing Pressure Ulcers, 2012
- Managing manual transfers and mechanical lifts, 2012
- Evidence Based Clinical Skills for assessing & Prescribing Power Mobility Equipment, 2011
- Aggressive Behaviour Management, 2009
- Motivational Interviewing Course, 2009

## RELEVANT WORK EXPERIENCE

### **Re:Function Health Group, Inc.: 2012 to present**

Registered Occupational Therapist

- WorkSafeBC Return to Work Support Services
- Functional Capacity Evaluations
- Cognitive Functional Capacity Evaluations
- Job Demands Analysis
- Work Site Ergonomics
- WorkSafeBC Community Occupational Therapy

### **Private Consultant (OT Consulting): 2008 to 2017**

- Manual Wheelchair Assessment and Prescription
- Dysphagia and Eating Assessments
- Transfer Assessments
- Pressure injury treatment through positioning and equipment

### **Mental Health Housing and Residential Services: 2007 to 2010**

- Psychosocial Rehabilitation based assessments and treatment plans
- Smoking cessation program development and team leader
- Program and operational support for “Soup-er Meals” return to work program
- Member of the Housing suitability placement team

### **Home and Community Care Victoria: 2003 to 2007**

- Seating assessments
- Transition modifications from hospital to home
- Dysphagia screening
- Management of pressure sores in the community
- Equipment funding request to Ministry of Housing and Social Development from public sector
- and non-profit organizations
- Home safety assessments and adaptations

## DEMONSTRATED COMPETENCIES

### Functional Capacity Evaluations:

- Experienced using standardized, evidenced based functional testing equipment
- Able to use job demand task analysis to develop meaningful and specific work simulation work circuits to incorporate in functional testing
- Able to interpret functional test measures and forecast return to work capacity
- Able to identify functional need for temporary task modifications or permanent accommodations during return to work planning
- WorkSafeBC Functional Capacity Evaluation Contractor

### Return-To-Work Planning and Implementation:

- Able to coordinate and lead return to work meetings with involved stakeholders
- Able to effectively communicate with stakeholders to identify return to work plans, identify accountabilities of parties within the plan, develop consensus to execute the plan, and to address issues while monitoring the plan
- Able to identify and measure job demands
- Able to use task analysis and functional analysis to develop a return to work plan and grade exposure rates to work tasks within the plan specific to injured workers' needs
- Able to perform ergonomic analyses to identify risk factors of work demands in relation to functional capacities of an injured worker
- Able to identify temporary/permanent task modifications and/or accommodations necessary for an injured worker and implement them or eventually remove them in the return to work plan
- Able to prescribe ergonomic solutions via equipment provision, worker practice modifications (job coaching), or environmental changes
- Able to effectively write reports outlining specifics of job demands and return to work plans
- Able to identify and treat psychosocial barriers for returning to work
- WorkSafeBC Return to Work Support Services Contractor
- Certified CPR and First Aid Training

### Community Adult Rehabilitation:

- Physical assessment, justification, recommendation, and training of power and manual wheelchair and adaptive equipment prescription
- Home Safety Assessments with recommendation, training and provision of mobility aids, adaptive equipment and community resources to optimize client safety in the home
- Provide educational assistant training in safe body mechanics & the use of adaptive equipment
- Community based treatment for psychosocial barriers when returning to work
- WorkSafeBC Community Occupational Therapy Services Contractor