

LARISSA TADDEI, PT

EDUCATION

- Bachelor of Kinesiology, University of British Columbia, 2018
- Master of Science in Kinesiology, University of Calgary, 2020
- Master of Science in Physiotherapy, Brunel University London, 2022

PROFESSIONAL DEVELOPMENT/TRAINING

- UK level 3 diploma in sports massage

RELEVANT WORK EXPERIENCE

Physiotherapist / Burnaby Hospital (July 2024 – Current)

- Provides physiotherapy assessment of the patient's physical status, functional abilities, needs, and goals by reviewing records, gathering information, interviewing the patient, identifying patient and therapist expectations, selecting and applying evidence-based assessment methods, consulting with members of the health care team, performing examinations, and monitoring the patient's health to improve, maintain or support physical performance
- Analyzes the patient's needs, establishes physiotherapy diagnosis and prognosis and develops an evidence based, outcome-focused intervention strategy; utilizes assessment and reassessment findings, discusses the analysis with the patient and caregivers, develops short and long term goals and selects a practice model/intervention consistent with patient needs and goals to achieve optimal health outcomes
- Educates patients and caregivers regarding self-management, health promotion and injury/disability prevention
- Evaluates and documents the effectiveness of interventions by methods such as conducting ongoing assessment and monitoring of patient responses, evaluating changes in health status, function and physical performance against pre-determined goals and expected outcomes, and modifying the intervention strategy to achieve and maintain optimal functional independence and physical performance
- Maintains a variety of records including patient files by gathering information, noting patient progress, changes to treatment plan, and records test/treatment results to provide evidence and rationale that support assessment findings and intervention plan

Vancouver Thunderbirds Track & Field - November 2016 – August 2018

Assistant Track & Field Sprint Coach

- Plan, facilitate and lead a dynamic warm-up with general multi-directional movement and specific technical skills for kids aged 7-14 in a group of 20-30

- Organize and facilitate 2 to 3 sprint technique drills followed by sprinting distances where concept of drill is reinforced

Fortius Sport & Health - May 2017 – December 2017

Strength & Conditioning Coach

- Prepare and organize any equipment required for training sessions in advance to have sessions run optimally and smoothly, then assist in explanation and cueing of exercises for athletes of varying abilities in groups of 3 to 15
- Perform exercise testing for various athletic attributes such

DEMONSTRATED COMPETENCIES

Return-To-Work, Rehabilitation Planning and Implementation:

- Able to complete physical assessment of workers physical limitations with potential diagnoses of injury for safe integration into rehabilitation program or further medical assessment needed
- Able to work with core team to develop, modify and progress exercise-based treatment plan towards functional/ return to work job demands
- Able to coordinate and lead return to work meetings with involved stakeholders
- Able to effectively communicate with stakeholders to identify return to work plans, identify accountabilities of parties within the plan, develop consensus to execute the plan, and to address issues while monitoring the plan
- Able to effectively write reports outlining current physical and functional status
- Certified CPR and First Aid Training