

TAYLOR KIRKBRIDE, OT

EDUCATION

- Bachelor of Arts, Psychology, University of Guelph 2017
- Master of Science, Occupational Therapy, McMaster University 2020

PROFESSIONAL DEVELOPMENT/TRAINING

- Cognitive Behaviour Therapy for Insomnia (CBT-I), March 2023
- Leadership Skills Development Course, University of Toronto, December 2020
- Foundations in Mild to Moderate Traumatic Brain Injury, March 2021
- Prolonged Exposure Therapy for PTSD, September 2022
- Level 1: Best Practices in Concussion management, June 2022

RELEVANT WORK EXPERIENCE

Occupational Therapist – Re:Function Health Group – January 2024 – Present

- WorkSafeBC Community Occupational Therapy
- Work Site Ergonomics
- ICBC Community Occupational Therapy
- ICBC Hospital Discharge Program

Occupational Therapist - Tall Tree Health – June 2022 – Present

- WorkSafeBC Community Occupational Therapy
- ICBC Community Occupational Therapy
- ICBC Hospital Discharge Program

Occupational Therapist – Infinity Health LLP October 2020 – June 2022

- ICBC Community Occupational Therapy
- ICBC Hospital Discharge Program
- Home safety assessments and equipment recommendations

DEMONSTRATED COMPETENCIES

Functional Evaluation:

- Experienced using standardized, evidence-based assessments and non-standardized assessments to assess physical, cognitive and psychosocial functioning
- Able to identify functional need for temporary task modifications or permanent accommodations during return to work planning
- Able to use job demand task analysis to inform and complete functional assessment

Return-To-Work Planning and Implementation:

- Able to effectively coordinate and lead return to work meetings, communicate with stakeholders to identify return to work plans, identify accountabilities of parties within the plan, develop consensus to execute the plan, and to address issues while monitoring the plan
- Experienced supporting individuals to return to work through context-specific assessment and treatment including development and coordination of a return-to-work plan and facilitating implementation of recommended workplace accommodations

- Able to use task analysis and functional analysis to develop a return to work plan and grade exposure rates to work tasks within the plan specific to injured workers' needs
- Able to identify temporary/permanent task modifications and/or accommodations necessary for an injured worker and implement them or eventually remove them in the return to work plan
- Able to prescribe ergonomic solutions via equipment provision, worker practice modifications (job coaching), or environmental changes
- Able to effectively write reports outlining specifics of job demands and return to work plans

Community Adult Rehabilitation:

- Experienced using standardized, evidence-based assessments and non-standardized assessments to assess physical, cognitive and psychosocial functioning and provide targeted treatment to support return to work and function
- Home Safety Assessments with recommendation, training and provision of mobility aids, adaptive equipment and community resources to optimize client safety in the home
- Able to provide educational assistant training in safe body mechanics & the use of adaptive equipment
- Experienced providing supervision for support personnel to assist with occupational therapy interventions
- WorkSafeBC Community Occupational Therapy Services Contractor