

# MADELINE TREMBLAY, BSC, MOT

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## EDUCATION

- Master of Occupational Therapy, **University of British Columbia**, 2020
- Bachelor of Science - Major in Biology, Minor in Psychology, **Vancouver Island University**, 2016

## PROFESSIONAL DEVELOPMENT/TRAINING

- Prolonged Exposure Therapy for Post-Traumatic Stress Disorder (PTSD), Dr. C. Diciara & Dr. J. Goodson, 2023
- Foundations of Cognitive Rehabilitation for Occupational Therapists, A. Ly & A. Bains, 2022
- University of British Columbia Master of Occupational Therapy Capstone Conference Research Project: Self-Management for Amputees using Rehabilitation Technology (SMART), 2020
- Program for Excellence in Telerehabilitation Education and Training, 2020
- Canadian Association of Occupational Therapists National Conference, Poster Submission for SMART, 2020
- Complex Hand Therapy Workshop, M. Metzger, 2020
- Dysphagia Management, 2020
- Motivational Interviewing Workshop, P. Santiago, 2019
- Assistive Technology and Wheelchair Skills Bootcamp, B. Miller, 2019
- Advanced Psychosocial Workshop, M. Lee, 2019
- Ergonomics – Practice Skills and Therapeutic Procedures, M. Kyi, 2019
- Motivational Interviewing, G. Walker & M. Lee, 2019
- Trauma-Informed Practice, M. Lee, 2019
- Suicide: Awareness, Prevention, and the Role of Occupational Therapy, M. Lee & M. Wenger, 2019

## RELEVANT WORK EXPERIENCE

### **Functional Capacity Evaluations and Community Occupational Therapy, Re:Function, Nanaimo, B.C., November 2021-present**

#### ***Occupational Therapist***

- Administer cognitive and physical functional capacity evaluations
- Complete job site visits and assessments
- Establish GRTW plans in conjunction with clients and employers
- Liaise with various stakeholders regarding clients' RTW
- Monitor and modify GRTW plans as appropriate
- Select and administer functional and cognitive assessments
- Provide equipment recommendations

### **Acute Medicine, Cowichan District Hospital, Duncan, B.C., November 2021-present**

#### ***Occupational Therapist***

- Participate in multidisciplinary and family meetings regarding discharge planning

- Delegation of tasks to rehabilitation assistants
- Functional assessments
- Exercise prescription

**Acute Medicine and Emergency, Langley Memorial Hospital, Langley, B.C., November 2020 - November 2021**

***Occupational Therapist***

- Complex discharge planning
- Functional ADL assessments
- Cognitive screens and assessments
- Equipment recommendations

**Outpatient Neurological Rehabilitation, Queen's Park Care Centre, New Westminster, B.C. – Fieldwork, 2020**

***Student Occupational Therapist***

- Functional assessments
- Set goals and develop treatment plans
- Liaise with stakeholders
- Upper extremity assessment and treatment

**Outpatient Acquired Brain Injury Rehabilitation, G.F. Strong, Vancouver, B.C., - Fieldwork, 2020**

***Student Occupational Therapist***

- Cognitive assessments
- Cognitive rehabilitation
- Education provision
- Assessments prior to return to driving

**Mental Health Housing, HOpe Centre, North Vancouver, B.C., - Fieldwork, 2020**

***Student Occupational Therapist***

- Advocate for clients during interactions with stakeholders
- Cognitive screens
- Support clients' community reintegration
- Interventions to improve mental and physical health

**Cardiac Medical Unit and Emergency, Nanaimo Regional General Hospital, Nanaimo, B.C., - Fieldwork, 2020**

***Student Occupational Therapist***

- Functional screens prior to discharge from emergency department
- Interprofessional discharge planning
- Equipment recommendations
- Car transfer assessments

**Residential Care, Langley Memorial Hospital, Langley, B.C., - Fieldwork, 2020**

***Student Occupational Therapist***

- Wheelchair seating assessments and modifications
- Swallowing assessments
- Pressure management interventions

## DEMONSTRATED COMPETENCIES

### Functional Capacity Evaluations

- Experience using standardized, evidence-based functional assessments
- Able to use job demands analyses to develop meaningful and specific work simulations for incorporation into evaluations
- Able to identify functional limitations and recommend appropriate task modifications and accommodations to assist with return to work planning

### RTW Support Services:

- Experience assessing clients' return to work readiness
- Experience completing job site visits and assessments
- Experience liaising with clients, employers, and case managers regarding RTW planning
- Able to develop and monitor GRTW plans

### Functional Assessment/Intervention:

- Experience administering functional assessments in clinic and community settings
- Experience completing initial interviews and functional assessments in acute care setting
- Experience administering functional ADL assessments
- Able to recommend level of assistance or equipment required based on results of assessments
- Able to develop treatment plans for functional impairments
- Able to recommend wheelchair specifications for use in community

### Cognitive Assessment/Intervention:

- Able to complete cognitive screens and assessments
- Able to provide appropriate support recommendations and treatment plans based on the results of cognitive assessments