

NICOLE DI SPIRITO, BA, MOT

EDUCATION

- Master of Occupational Therapy, **University of British Columbia**, 2020
- Bachelor of Arts – Psychology, **University of British Columbia**, 2017

PROFESSIONAL DEVELOPMENT/TRAINING

- The Dive-In Coach Approach: Coaching for Return to Work; H. Theriault, 2020
- University of British Columbia Master of Occupational Therapy Capstone Conference Research Project: Screen Time Guidelines for Children with ASD: Clinicians' Perspectives, 2020
- Program for Excellence in Telerehabilitation Education and Training, 2020
- BC Rural and First Nations Health and Wellness Conference, 2020
- Complex Hand Therapy Workshop, M. Metzger, 2020
- Student Fieldwork Project: Pediatric TBI - When to Perform a Swallow Assessment, 2019
- Assistive Technology and Wheelchair Skills Bootcamp, B. Miller, 2019
- Advanced Psychosocial Workshop, M. Lee, 2019
- Ergonomics – Practice Skills and Therapeutic Procedures, M. Kyi, 2019
- Self-Management of Chronic Pain, S. Schellinck; B. Sakakibara, 2019
- Motivational Interviewing, G. Walker & M. Lee, 2019
- Concussion Awareness Training Tool (CATT): Concussion Toolkit for Medical Professionals, 2019
- Trauma-Informed Practice, M. Lee, 2019
- Suicide: Awareness, Prevention, and the Role of Occupational Therapy, M. Lee & M. Wenger, 2019
- Non-Violent Crisis Intervention Training, Fraser Health, 2016

RELEVANT WORK EXPERIENCE

Adolescent Psychiatry Unit, Kelowna General Hospital, Kelowna, B.C. – Fieldwork, 2020

Student Occupational Therapist

- Adult/Adolescent Sensory Profile assessment
- Facilitation of mental health treatment groups
- ADL functional assessments and intervention planning
- Leisure activity assessments and intervention planning

Orthopedics/Joint Replacement, Burnaby General Hospital, Burnaby, B.C. – Fieldwork, 2020

Student Occupational Therapist

- Manual wheelchair assessment and prescription
- ADL functional assessments
- Functional transfer assessments
- Hospital discharge planning

- Equipment prescription through MEPP Referral Program

Acute Neuro/Pediatric Intensive Care Unit, B.C. Children’s Hospital, Vancouver, B.C. – Fieldwork, 2019

Student Occupational Therapist

- Dysphagia and eating assessments
- Video fluoroscopic swallowing studies
- Splinting: assessment and treatment
- Education on concussion and symptom management

Head Injury Assessment and Treatment Program/Chronic Pain and Medication Management Program, Lifemark, Vancouver, B.C. – Fieldwork, 2019

Student Occupational Therapist

- WorkSafe BC Return to Work support services
- Work site ergonomics
- Job site visits and Job Demands Analyses
- Gradual Return-to-work Planning

Home and Community Health, Fraser Health, Port Moody, B.C. – Fieldwork, 2019

Student Occupational Therapist

- Home Adaptation Assessments and Recommendations
- Home safety assessments and adaptations
- Equipment funding request to Ministry of Health
- Seating assessments
- Pressure sore management

DEMONSTRATED COMPETENCIES

Return-To-Work Planning and Implementation:

- Able to perform job demands analyses and make appropriate recommendations for equipment, modifications, and gradual return-to-work planning
- Experience providing education on safe body mechanics
- Use of functional assessments to determine functional capacity and interpretation of data for recommendations for accommodation

Community Adult Rehabilitation:

- Experience with home safety assessments and analyses for recommendations of equipment, environment modifications, and community resources
- Able to perform ADL functional assessments and make appropriate recommendations for task modifications and assistive devices or equipment
- Experience performing standardized cognitive assessments and providing appropriate cognitive rehabilitation exercises
- Able to provide education on concussion symptoms and chronic pain management