

EDMOND TAN, B.H.K, M.SC. OT

EDUCATION

- Master's of Science in Occupational Therapy, **Queen's University**, 2014
- Bachelor's of Kinesiology, **University of British Columbia**, 2010

PROFESSIONAL DEVELOPMENT/TRAINING

- BC Mental Health Act Education, VCH, Vancouver, BC, 2020
- In-Service Wheelchair Education, Sunrise Medical, Vancouver, BC, 2019
- Gentle Persuasive Approaches (GPA) in Dementia Care, Fraser Health, Vancouver, BC, 2019
- Falls and Injury Reduction, Fraser Health, Vancouver, BC, 2018
- Skin & Wound: Pressure Ulcer Prevention, Fraser Health, Vancouver, BC, 2018
- In-Service Specialized Mattress Education, Vancouver, BC, 2018
- BC Psychosocial Rehabilitation Webinar: Workplace Law & Mental Health, 2016
- Core Addiction Practice, VCH, Vancouver, BC, 2016
- BC Psychosocial Rehabilitation Webinar: Employment for Young Adults with a Focus on Mental Health/Substance Abuse & Recovery, 2016
- BC Psychosocial Rehabilitation Webinar: Helping People to Get & Keep Jobs – An Introduction, 2016
- BC Psychosocial Rehabilitation Webinar: Mental Health Commission of Canada's National Recovery Guidelines: Implications for Practice, 2015
- Applied Suicide Intervention Skills Training (ASIST) Certification, Toronto, ON, 2014
- Action Over Inertia Seminar: Addressing the activity health needs of individuals with serious mental illness, Queen's University, Kingston, ON, 2014

RELEVANT WORK EXPERIENCE

Re:Function Health Group Inc: 2020

Occupational Therapist

- Community Rehabilitation
- Return to Work Services

West End Mental Health Team at Vancouver Coastal Health: 2016 to Present

Occupational Therapist

- Psychosocial Rehabilitation based assessment and treatment
- Wellness and symptom management: Mindfulness and meditation, Goal-setting, time-use strategies, initiation and motivation
- Pre-employment and continued education interventions: Resume writing, career and program search, funding support, return-to-school, volunteer support and engagement.
- Home safety and self-care assessments: Activities of daily living, mobility and transfers, kitchen safety, community navigation, money management, medication management
- Equipment prescription: Walkers, grab bars, bath-tub transfer benches, shower chairs, and wheelchair repairs
- Ministry of Social Development and Social Innovation equipment funding in public sector

Czorny Alzheimer Centre at Fraser Health Authority: 2018 to 2020

Occupational Therapist

- Cognitive Assessments: Montreal Cognitive Assessment, Mini-Mental State Examination, Modified Mini-Mental State Test (3MS)
- Manual wheelchair assessment and prescription
- Seating and positioning: Wheelchair and mattress
- Transfer assessments: Wheelchair, Bed, Toileting
- Meal and Swallowing assessments
- Skin and wound: Pressure ulcer management
- Fall risk and prevention
- Care aid education and training

Older Adult Assessment & Treatment, Vancouver Coastal Health: 2016 to 2018

Occupational Therapist

Sub-Acute Medicine Unit & Orthopedic Unit, Vancouver Coastal Health: 2016

Occupational Therapist

- Transition assessments from hospital to home
- Transfer assessments: Bed transfer, toilet and shower transfer, using stairs, wheelchair transfers
- Activities of daily living assessments: upper and lower body dressing, toileting, showering, mobility
- Cognitive screens: Montreal Cognitive Assessment, Mini-Mental State Examination, Kettle Test
- Family conferences: Providing home safety education and recommendations
- Equipment Prescription: Wheelchairs, walkers, bath transfer benches, bedrails, commodes
- ADL assessment and training
- Interdisciplinary collaboration and discharge planning

Strathcona Mental Health Team at Vancouver Coastal Health: 2016

Occupational Therapist

Geriatric Assessment Program at Vancouver Coastal Health: 2015 to 2016

Occupational Therapist

- Equipment Prescription: Walkers, scooters, wheelchairs, bed rails, transfer aids
- Educator for safe mobility and transfers including safe function of canes, walkers, scooters, wheelchairs, bath tub transfers, bed transfers, and gait patterns
- Anxiety and depression symptom management
- Kitchen safety at-home

DEMONSTRATED COMPETENCIES

Community Adult Rehabilitation:

- Completed physical assessments in safe mobility and transfers.
- Provided justification, recommendation, and training of manual wheelchairs, powered scooters, and adaptive equipment prescription
- Completed home safety assessments including recommendations, training and provision of mobility aids, adaptive equipment and community resources to optimize client safety in the home
- Provided educational assistant training in safe body mechanics & the use of adaptive equipment
- Provided self-management techniques and interventions for clients with mental illness including: Wellness and symptom management techniques, home management and community integration, finding and maintaining meaningful activities including volunteer and employment

Certifications and Awards: *Fraser Health Authority: Above and Beyond Recognition Certificate* – In appreciation for going above and beyond in collective response to the COVID-19 pandemic, August 2020