

EDMOND TAN, B.H.K, M.SC. OT

EDUCATION

- Master's of Science in Occupational Therapy, Queen's University
- Bachelor's of Kinesiology, University of British Columbia
- College of Occupational Therapy of British Columbia, COTBC Full-Time Member #AO3086

RELEVANT WORK EXPERIENCE

Re:Function Health Group, 2020 to Present

- Occupational Rehabilitation Program
- Functional Capacity Evaluations
- Ergonomic Assessments
- Job Demands Analysis

West End Mental Health Team at Vancouver Coastal Health, 2016 - 2023

- Psychosocial Rehabilitation based assessment and treatment
- Wellness and symptom management: Mindfulness and meditation, Goal-setting, time-use strategies, initiation and motivation
- Pre-employment and continued education interventions: Resume writing, career and program search, funding support, return-to-school, volunteer support and engagement.
- Home safety and self-care assessments: Activities of daily living, mobility and transfers, kitchen safety, community navigation, money management, medication management
- Equipment prescription: Walkers, grab bars, bath-tub transfer benches, shower chairs, and wheelchair repairs
- Ministry of Social Development and Social Innovation equipment funding in public sector

DEMONSTRATED COMPETENCIES

Return to Work Services

- Completed approximately 70 Functional Capacity Evaluations over the course of 3 years for insurance and public agencies
- Completed assessments and interventions for gradual return to work services for WorkSafeBC and ICBC
- Provided community occupational therapy support and services relating to mental health and home safety equipment for WorkSafeBC

Community Adult Rehabilitation:

- Completed home safety assessments including recommendations, training and provision of mobility aids, adaptive equipment and community resources to optimize client safety in the home
- Provided self-management techniques and interventions for clients with mental illness including: Wellness and symptom management techniques, home management and community integration, finding and maintaining meaningful activities including volunteer and employment